



# Looking for an opportunity to help bring your community together?

PEAK is a group of parents coming together to give children with differences an equal opportunity to be exposed to a wide range of activities - from sports to the arts and everything in between. We are developing quality programs for our children and need the help of the community to continue to succeed.

*Yes, we need you!*

PEAK, in cooperation with Pathways, is looking for coaches who are interested in teaching various sports skills to our children and students who would like to participate in our programs to serve as peer mentors. Pathways is offering us the opportunity to grow our programs using their model for success.

Currently we have a Karate program which runs year long, as well as seasonal programs such as T-Ball and a Preschool Playgroup. We are hoping to expand our fall programs to include sports clinics, skill-based soccer & bowling.

Pathways has developed a two-hour formal **mentor-training workshop** that teaches children how to understand and work with children having a broad array of disabilities. As a result of these efforts, thousands of hours of community service are now being performed by mentors who work with children having special needs, either one-on-one as a buddy, in group settings during recreational programs, and/or in life skills and community activities. Since January 2003, Pathways has trained approximately 3,500 mentors ages eight and up throughout the state of New Jersey. In September 2006, Pathways expanded our services to include **adult sensitivity courses** to train teachers, coaches, and other professionals on successful strategies for including children with disabilities in their classrooms and programs.

PEAK will be offering both the **Mentor-Training Workshop** and the **Adult Sensitivity Workshop** this fall for those that are interested. Pathways is a NJ Department of Education Professional Development Provider. Please contact us for more information regarding registration, obtaining PD hours (for professionals) or volunteer hours (for students).

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